

SAINT LUKE SERBIAN ORTHODOX CHURCH  
ORTHODOX CHURCH IN AMERICA - ARCHDIOCESE OF WASHINGTON  
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SUNDAY, MARCH 10, 2019

***FORGIVENESS AND CHEESEFARE SUNDAY***  
***EXPULSION OF ADAM FROM PARADISE***  
FOURTH SUNDAY OF THE LENTEN TRIODION

**Epistle Reading**

Romans 13:11 - 14:4

**Gospel Reading**

Matthew 6:14-21

*Christ is in our midst!  
He is and ever shall be!*

**Kontakion for the Expulsion of Adam from Paradise**

Master, Teacher of Wisdom, Bestower of virtue, who teaches the thoughtless and protects the poor: strengthen and enlighten my heart. Word of the Father, let me not restrain my mouth from crying to Thee: have mercy on me, a transgressor, O Merciful Lord!

**Forgiveness and Cheesefare Sunday – Vespers Today**

Today is the last day for having dairy products. A special Coffee Hour is planned. Please return to the Chapel at 1PM for Forgiveness Sunday Vespers to help us spiritually prepare for the Fast. “Forgive me, God forgives, I forgive.”

† Fr. John will be available throughout Great Lent to hear private Confessions. †

**Ideomelon** (excerpt)

The arena of the virtues has been opened. You who desire to struggle for the prize now enter and gird yourselves for the good fight of the Fast; for those who strive rightly are justly crowned! Having taken up the armor of the Cross, let us fight against the Enemy! Let the Faith be our invincible wall, and let prayer be our breastplate, and let mercy and almsgiving be our helmet! Instead of a sword, let us use fasting, which cuts out all evil from the heart! He who does these things shall receive the true crown at the Day of Judgment from Christ the King of All.

**Welcome to Our Guests**

We offer a warm welcome to all guests. May you experience along with us the fullness of the Orthodox Faith through the Divine Liturgy. Please sign the guest book at the entrance and pick up a welcome folder. Join us for Coffee Hour.

**Offering our Prayers**

We remember Nick Wultich on the first anniversary of his repose. Većnaja pamjat. We pray for Fr. Deacon Patrick’s surgery recovery. He is making good progress.

**Orthodox Mission Sunday - Today** [www.ocmc.org](http://www.ocmc.org)

We join Orthodox parishes nationwide in praying today for missionaries of the Orthodox Christian Mission Center. We can support them by giving to missions and volunteering for a short-term mission team. See the bulletin board for details.

**Sisterhood Meeting – Today**

All women are invited to a brief meeting today during Coffee Hour. Plans will be made for the March 31 luncheon.

**Lenten Prayer Partners**

There is still time for interested adults and children to select a Prayer Partner for Lent. If you wish to participate, drop your name in the Prayer Partner basket, and draw a name of the person you will pray for. Keep the name secret until Pascha.

**Service Schedule for the First Week of Great Lent**

Mon. March 11 - 7PM - Canon of St. Andrew of Crete

Tues. March 12 - 7PM - Canon of St. Andrew of Crete

Wed. March 13 - 7PM - Liturgy of the Presanctified Gifts; Lenten potluck follows

Thurs. March 14- 7PM - Canon of St. Andrew of Crete

**Pan-Orthodox Vespers for the Sunday of Orthodoxy – March 17**

Sunday of Orthodoxy Vespers will be held at Ss. Peter & Paul Church, 20620 River Road in Potomac, MD on March 17 at 5PM. The guest speaker will be Fr. Nicholas Belcher of the Antiochian Archdiocese. Come to hear his Lenten message and the sacred choral music, and to witness the triumphant Icon Procession.

**St. Luke Annual Assembly & Lenten Soup Social - Sunday, March 31**

Our Annual Assembly will be convened in three weeks following Liturgy and a Lenten Luncheon. Clergy, Board of Trustees, committee and ministry reports will be presented. All parishioners are encouraged to attend and participate.